

CONRAD® SPA

MALDIVES
RANGALI ISLAND

THE SPA RETREAT

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MALDIVES RANGALI ISLAND

SIGNATURE TREATMENTS AND RITUALS

Elemis Tropical Indulgence	120 mins	\$250
Maldivian Indigenous Treatment	90 mins	\$190

ELEMIS RITUALS

Elemis Absolute Spa Ritual	120 mins	\$230
Elemis Face and Body Sensation	60 mins	\$165
Elemis Exotic Coconut Rub and Milk Ritual Wrap.....	45 mins	\$125

ELEMIS DETOX AND SCULPTING

Elemis Cellutox Aroma Spa Ocean Wrap	75 mins	\$180
Elemis Body Sculpting Cellulite and Colon Therapy	60 mins	\$165

ELEMIS FACIALS

Elemis Pro-Collagen Quartz Lift	75 mins	\$170
Elemis Pro-Intense Lift Effect	60 mins	\$145
Elemis Tri-Enzyme Resurfacing	60 mins	\$145
Elemis Oxygen Skin Calm	75 mins	\$170
Elemis White Brightening	60 mins	\$145
Elemis Visible Brilliance	75 mins	\$170
Elemis Skin IQ + For Men	75 mins	\$170

ELEMIS BODY MASSAGES

Elemis Deep Tissue	60 mins	\$149
.....	90 mins	\$179
Aromatherapy	60 mins	\$149
.....	90 mins	\$179

Elemis Aroma Stone Therapy	90 mins	\$179
Muscle ease	90 mins	\$179
Elemis Nurturing Massage For		
Mother-To-Be	75 mins	\$169
Thai	90 mins	\$179
Shiatsu.....	90 mins	\$179
Foot Reflexology	60 mins	\$149
Four Hand	60 mins	\$299
.....	90 mins	\$330

ELEMIS BODY WRAPS AND SCRUBS

Elemis Exotic Frangipani Body		
Nourish Wrap	45 mins	\$125
Elemis Musclease Aromaspa		
Ocean Wrap	75 mins	\$180
Elemis Exotic Lime and Ginger Salt		
Glow	30 mins	\$70
Elemis Exotic Frangipani Salt Glow	30 mins	\$70
Elemis After Sun Soother	75 mins	\$180

ENHANCEMENTS for ANY TREATMENT

Valmont Eye treatment.....	45 mins	\$100
Back, neck, shoulder massage.....	30 mins	\$60
Mini facial	30 mins	\$60
Foot massage.....	15 mins	\$35
Hand massage.....	15 mins	\$35
Scalp massage.....	15 mins	\$35

Prices are in US\$, subject to 10% service charge and T-GST.

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ELEMIS BEAUTY ESSENTIALS

Elemis Pro-Radiance Hand and Nail Treatment	45 mins	\$69
	75 mins	\$99
Elemis Sole Delight Grooming for Feet	45 mins	\$69
	75 mins	\$99

SERVICES AVAILABLE UPON REQUEST:

French polish		\$20
Long lasting nails (Hands or Feet)		\$60
Long lasting French Polish (Hands or Feet)		\$25
Long lasting nails removal		\$40
Nail art		\$40
Hair rituals with style	90 mins	\$140
Hair rituals without style.....	60 mins	\$90
Test Up-style		\$50
Up-style.....	from	\$120
Ladies shampoo, cut and blow dry		\$120
Shampoo and blow dry		\$90
Ladies shampoo and cut		\$80
Men's shampoo and cut		\$60
Make up application.....	60 mins	\$95
Waxing services		

FACIALS BY VALMONT

Decadence.....	90 mins	\$250
Detoxifying.....	75 mins	\$170
Men's cleansing and purifying.....	75 mins	\$170

BODY TREATMENTS BY VALMONT

Fit and tone slimming treatment	90 mins	\$225
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HYDROTHERAPY PRIVATE HEAT SUITE

Deluxe	45 mins	\$85 per person
		\$100 per couple
Standard	45 mins	\$65 per person
		\$80 per couple

VICHY SHOWER PRIVATE HEAT SUITE

Choice of scrub	45 mins	\$85 per person
Choice of scrub	75 mins	\$125 per couple

ELEMIS FAMILY OFFERINGS

Father and Son	60 mins	\$240
Mother and Daughter	60 mins	\$240

ELEMIS TEENAGER OFFERINGS

Elemis Herbal Lavender Repair Facial	60 mins	\$120
Elemis Exotic Moisture Dew Facial	60 mins	\$120
Elemis Fruit Active Glow Facial	60 mins	\$120

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HOW TO SPA AT THE SPA RETREAT

THE SPA RETREAT OPERATING HOURS ARE 9.00 - 21.00 DAILY

MAKING RESERVATIONS

HOW DO I MAKE SPA RESERVATIONS?

The Spa Retreat is very popular with guests and as such we strongly recommend that you book your Spa treatments well in advance. Reservations can be made in person or by dialling The Spa Retreat reception on extension 5360.

I AM NOT STAYING ON THE WATER VILLA ISLAND – CAN I USE THE SPA RETREAT?

Absolutely – all guests are welcome at both the Over-Water Spa and the Spa Retreat.

I AM PREGNANT –WHAT TREATMENTS DO YOU RECOMMEND?

As always, our priority is the safety and well-being of our guests. As such, we do not recommend full body massage in the first trimester of pregnancy and also advise limited body treatments throughout the term of pregnancy. To assist with your choice of available treatments, please contact one of our spa consultants.

WHAT HAPPENS IF I NEED TO CANCEL MY TREATMENT?

If you would like to reschedule or cancel your booking, you can do so at any time subject to providing a minimum of 12 hours notice. If a cancellation is made less than 12 hours prior to your appointment time, a 50% charge will apply. If there is no notice provided, a full charge will be made for the services reserved.

CAN I HAVE A SPA TREATMENT IN MY VILLA?

Yes, most treatments are available for you to have in the privacy of your

own villa. Please ask our spa receptionists which treatments are available. A callout fee will be added to the treatment charge.

THE TREATMENT ITSELF

HOW SHOULD I PREPARE FOR MY SPA TREATMENT?

Please shower off any oils and suntan creams prior to your treatment to allow better absorption of the products applied.

I AM A MALE – SHOULD I SHAVE BEFORE MY SPA TREATMENT?

We recommend shaving prior to having a facial for maximum comfort and benefit to the skin.

WHAT DO I NEED TO WEAR?

There is no need to bring or wear any special clothing, as spa wear is provided. Disposable underwear is provided for body treatments.

WHAT TIME SHOULD I ARRIVE FOR MY TREATMENT

Please arrive at the spa a minimum of 15 minutes before your scheduled appointment time – this allows you time to fill out your consultation form, enjoy the ambience and start the relaxation process before your treatment begins.

WHAT HAPPENS IF I'M LATE FOR MY APPOINTMENT?

As a courtesy to all our guests, a prompt appointment schedule is adhered to. Late appointments may not be honoured if there is a treatment booked immediately after and will be charged the cancellation fee.

WHAT MEDICAL OR PHYSICAL CONCERNS DO I NEED TO TELL THE THERAPIST?

All first-timers need to fill out a consultation form prior to their treatment – this is to provide you with the best possible experience and to assure your maximum safety and comfort.