# AROMATHERAPY EXPERIENCES

The combination of expertly blended essential oils with unique active botanicals result in beautiful, glowing, healthy skin free from harsh chemicals and unnecessary synthetics.

# RELAXING EXPERIENCE

#### 60 mins AED 475 / 90 mins AED 690

This treatment releases tension held in every part of the body to leave you feeling deeply relaxed. A blend of massage technique helps to stimulate the nervous and lymphatic systems to aid healthy circulation.

## DEEP MUSCLE AND STRESS RELIEF

#### 60 mins AED 510 / 90 mins AED 725

An intensive full body massage using deep pressure and stretching combined with working on the body's trigger points to instantly release pain and tension..

### JET LAG CURE

#### 90 mins AED 725

Kick start the circulation with a full body brush followed by a massage to get you back on track when you are feeling bloated, tired or sluggish.

# ROSE PREGNANCY MASSAGE

### 60 mins AED 550

Reward yourself with a thoroughly relaxing and carefully applied massage. Stresses, strains, heavy legs and aching backs instantly feel better with this rose-scented oil. Designed for the mother to be. Recommended from second trimester on wards.

### PERFECTLY YOU FACIAL

#### 60 mins AED 550

A bespoke facial designed by your therapist following a thorough skin analysis to suit your individual skin needs. Suitable for men and women.

### THE QUICK FACIAL

### 30 mins AED 320

Ideal for those on the go, skin is cleansed, lightly exfoliated and gently massaged.

# INTRACEUTICALS

Intraceuticals is more than just a facial; the combination of oxygen under pressure and modified hyaluronic acid creates a visible result you can instantly see and feel. Available as single treatments, recommended as a course for optimal results.

### **REJUVENATE**

### 60 mins AED 725

The use of oxygen to achieve a deep infusion of a cocktail of vitamins and anti-oxidants to the skin leaves visible and immediate results of instant hydration, lifting and tightening of the skin.

### **BRIGHTEN**

### 60 mins AED 810

High potency treatment will reduce pigmentation caused by sun exposure and other conditions, balance skin tone and reduce the visual signs of scarring.

### **COLLAGEN BOOSTER**

#### 60 mins AED 725

Skin cell regeneration is achieved through the oxygen infusion of highly concentrated collagen serum. Recommended as a follow on treatment to any of the Intraceuticals treatments.

### ANTI-AGING OXYGEN FACIAL

### 75 mins AED 1095

Highly effective oxygen infusion of two anti-aging serums provides a non-surgical alternative to Botox treatment which results in deep hydration, improved firmness and a noticeable lift.

# THE COLLECTION

This series of body treatments is designed for today's lifestyle, providing effective results to detoxify, de-stress and invigorate.

## **AUTHENTIC HAMMAM**

# 45 mins AED 475

Traditional detoxifying body treatment to remove dead skin cells through soap cleanse and steam, loofah scrub, body mask and application of hydrating body cream to leave skin renewed.

# RITUAL HAMMAM

### 75 mins AED 650

Head to toe hammam experience combining the Authentic hammam with a hair and facial ritual.

### **INDULGENCE HAMMAM**

# 120 mins AED 920

Luxurious hammam experience starts with a traditional hammam ritual and concludes with an indulgent aromatherapy full body massage.

### **VOLCANIC HEAT**

### 60 mins AED 510 / 90 mins AED 725

Volcanic stones absorb and retain heat which when placed at key points along the body helps warm up relax tight muscles in combination with the hand massage.

### THAI FUSION MASSAGE

### 60 mins AED 475 / 90 mins AED 690

Working on the body's meridians using a combination of acupressure and stretching techniques to rebalance energy in different parts of the body, release muscle tension and improve joint mobility and body flexibility. This is a clothed massage without oil.

### THE BESPOKE MASSAGE

# 30 mins AED 320

Following a thorough consultation your therapist will design the perfect massage for you to suit your preferred pressure, style of massage, and preferred area to work on to create a unique treatment that is just for you.



